

**2017 Statement of Intention**  
**(Please give to Mary and**  
**tell her if you want a copy)**

Name: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

In general, what is your intention for this practice period?

Which events will you participate in?

Orientation/Oryoki Instruction 10/4

One-Day Sitting 10/7 and Opening Ceremony at 8 p.m.

Morning Zazen: Tu/Wed/Th 6:20-7:10 a.m. (includes service)

Evening Zazen: Th/Fri 5:40-6:10 p.m. (no service)

Wed 5:40-7:30 or 7:45 p.m. Zazen, service, class (some special events)

Saturday Morning early program 7:00-9:30 (includes silent informal breakfast)

Saturday Morning regular 9:30-11:45 program

Class: Wednesdays 10/11, 18 and 25 and 11/1 (most classes at 6:30 p.m. after service)

Full Moon Ceremony before class 11/1, Council-style check-in at 6, ceremony 6:20.

Sangha Samu Day 10/21 9:30a.m.-3:00 p.m.

Sejiki/Full Moon Ceremony/Skit Night 11/8 4:45 p.m. altar prep/5:40 zazen/6:20 ceremony/6:45 skit night

Sesshin 11/15-19

Shosan 11/19 3:30 p.m.

Is there some other commitment you wish to make, such as sitting at home? If so, what is it?

Do you want/need to participate in anything by Zoom? If so, which events?